



We Need Volunteer Marshals on Sunday 28 June 2009

If you can't help do you know people who can?



'Capital to Coast', the 60-mile Cycle Challenge for Charity, is in its 14th year and we need volunteer marshals to help out on the day.

Marshals are essential to the smooth running of the event and there are various roles available.

We need people to run refreshment stops, encourage the riders and be part of the team.

We also need Motorcycle Marshals to patrol the route.

Do something for a good cause and register now!

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